

## How to Use the FORMED Pick of Week

1

### Download digital file from the Leader Resources website

- Go to [leaders.formed.org](http://leaders.formed.org).
- Download files for placement in your favorite publishing or social media application.



2

### Bulletin Promotion

- Select the horizontal or vertical image depending on the space available.
- Copy and paste the jpeg into your bulletin's publishing application.



3

### Social Media Promotion

- Select the Social Media image.
- Copy and paste the jpeg into your post.
- Add a link to [formed.org](http://formed.org). Your parishioners will always see the FORMED Pick of the Week at the front of the "Featured" section on the [formed.org](http://formed.org) home page.



FEATURED

