

## COMPANIONS IN SHIPWRECK

Good relationships are a vital part of human well-being. In fact, studies show that those with the healthiest relationships live the longest! But where can we see these friendships lived out? Look no further than the life of famed author J.R.R. Tolkien. The relationships he exhibited are a wonderful example for all of us to follow, especially with those we may disagree with. As Tolkien described marriage, it's all about being "companions in shipwreck."



To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.