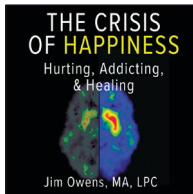


# The Crisis of Happiness

by Jim Owens, MA, LPC



## Find Answers to Today's Happiness Crisis

Jim Owens gives scientific evidence about how addictions and distractions are hurting us and practical advice for how to overcome our wounds.

*"Engaging, and made me examine my life on a meaningful level."*

—Martin P., Tallahassee, FL

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