



## CONFIRMATION- YDISCIPLE

***“The sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us.”*** (Catechism of the Catholic Church #1131)

### Sacramental Preparation

- YDISCIPLE - CONFIRMATION was designed for an immediate preparation for the sacrament of Confirmation for adolescents.
- Invite parents to watch and discuss YDISCIPLE – CONFIRMATION with their adolescent

### Large Group Presentation

- Pick the time and location for a 5-week study
- Provide drinks and a light snack
- Break into small group discussions after the video
- Utilize the parent sheets so that parents can have meaningful conversation with their adolescent

### Discipleship Groups

- Take a group of 5-8 leaders through a YDISCIPLE - CONFIRMATION 5-week small group study using the Leader’s Guide
- Invite the 5-8 leaders to lead another 5-8 participants through a study of YDISCIPLE - CONFIRMATION

***“The fruit of sacramental life is both personal and ecclesial. For every one of the faithful on the one hand, this fruit is life for God in Christ Jesus; for the Church, on the other, it is an increase in charity and in her mission of witness.”*** (Catechism of the Catholic Church #1134)

**“... the sacraments push us to be missionaries and the apostolic commitment to bring the Gospel into every environment, even the most hostile, is the most genuine fruit of a regular sacramental life, because it is a participation in the saving work of God, who wants to give salvation to all.”**

Pope Francis, General Audience, November 6, 2013